IUNS was first discussed in 1946 at an international meeting in London, hosted by the Nutrition Society and attended by 22 research workers from 13 countries, and was formally established in 1948 to represent the broad interests of nutrition scientists globally. Its members are country and regional Nutrition Associations (Adhering Bodies). Currently there are 84 Adhering Bodies, but other countries are joining from all continents. IUNS also works with other international organisations such as UN agencies and regional or global scientific groups with a nutrition related emphasis (Affiliated Bodies) such as the Federation of European Nutrition Societies (FENS), the Federation of Asian Nutrition Societies (FANS), the Federation of African Nutrition Societies (FANUS), Sociedad Latinoamericana de Nutricion (SLAN), and OCEANIA on a range of issues including the provision of Travel Grants for students and young scientists to attend their conferences.

The promotion of nutrition science at the global level is the number one priority of IUNS. The feedback received from our Adhering and Affiliated Bodies will be used to construct strategies and developmental plans to encourage positive, effective and continuous communication and collaboration in order to strengthen and improve the global family of nutrition scientists within IUNS.

• Promote advancement in nutrition science, research and development through international cooperation at the global level.

• Encourage communication and collaboration among nutrition scientists as well as to disseminate information in nutritional sciences through modern communication technology.
IUNS COUNCIL

IUNS is governed by a Council of five (5) Officers and six (6) Council Members who are elected at the IUNS General Assembly every four years. The Officer positions are as follows;

President; President-Elect; Vice-President; Secretary General; Treasurer

ACTIVITIES

Every four years the IUNS organises an international congress (IUNS-ICN) in a venue selected by the General Assembly following presentations by 3–4 bidding countries. These are attended by 3–4000 participants from all over the world. The last IUNS-ICN took place in Buenos Aires, Argentina in 2017 and fours years prior to this it was held in Granada, Spain. The next Congress will be held in Tokyo, Japan in 2021. Between these sessions several Task Forces made up of members of Adhering Bodies continue work on topics of special importance. These produce a variety of outputs, including publications, and each organises a symposium at the following IUNS-ICN to disseminate their work.

The officers and council participate in many collaborations and meetings with UN organisations and Adhering Body and Affiliate Body events. Previous Councils have also formed organisations that have become independent, such as the Nutrition Leadership programme and the World Obesity Federation which grew out of an IUNS Task Force.

BENEFITS OF ADHERING BODY MEMBERSHIP

Being a member of the IUNS provides an Adhering Body with the opportunity to be linked in with developments in nutrition science.

• Participation in IUNS International Congress of Nutrition (IUNS-ICN), which takes place every 4 years, presents an excellent opportunity to contribute to global discussions and most importantly, meet and communicate with other nutrition scientists which further encourages communication between the members of the IUNS.

• Opportunity for members of each Adhering Body to apply for Travel Grants to the IUNS-ICN.

• Voting rights at the IUNS General Assembly and therefore an opportunity to influence IUNS policy.

• Participation at Nutrition Leadership programmes and professional development programmes at regional conference.

• Opportunities to be involved in the work of IUNS Task Forces, by contacting the Chair of the Task Force.