

ZHAOPING LI, M.D., Ph.D.

CURRICULUM VITAE

OFFICE: Center for Human Nutrition
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EDUCATION:

1986 M.D. Peking University, School of Medicine, China
1989 Ph.D. (Physiology), Peking University, School of Medicine, China

LICENSURE (Medical):

1996 State of California, #A55523

BOARD CERTIFICATION:

12/97 Diplomat, American Board of Internal Medicine
11/01 American Board of Physician Nutrition Specialist
11/06 Fellow, American College of Physicians
06/25 Fellow, American Society for Nutrition

PROFESSIONAL EXPERIENCE:

09/89 - 06/94 Postdoctoral Research Fellow, Cardiovascular Research Laboratory, UCLA School of Medicine
07/94 - 06/95 Intern, Internal Medicine, UCLA-VAMC West Los Angeles Program
07/95 - 06/97 Resident, Internal Medicine, UCLA-VAMC West Los Angeles Program
07/97 - 06/98 Chief Resident, Internal Medicine, UCLA-VAMC West Los Angeles Program
07/97 - 06/98 Clinical Instructor of Medicine, UCLA School of Medicine
06/98 - 12/99 Director of Resident clinic, VA Greater Los Angeles Health Care System
06/98 - 12/03 Assistant Clinical Professors, Department of Medicine, UCLA School of Medicine
06/98 - 06/12 Physician Champion, Weight Management Program, VA Greater Los Angeles Health Care System
12/99 - 06/09 Chief of Emergency Department, VA Greater Los Angeles Health Care System
07/04 - 06/06 Associate Clinical Professor of Medicine, Department of Medicine, David Geffen School of Medicine at UCLA
07/04 - 07/08 Associate Chief, Division of Clinical Nutrition, David Geffen School of Medicine at UCLA
07/04 - 10/11 Associate Chief, Division of Hospitalists, VA Greater Los Angeles Health Care System
07/06 - 06/08 Associate Professor of Clinical Medicine, Department of Medicine, David Geffen School of Medicine at UCLA
07/08 - 06/17 Professor of Clinical Medicine, Department of Medicine, David Geffen School of Medicine at UCLA
07/08 - 06/13 Clinical Chief, Division of Clinical Nutrition, UCLA Medical Center
07/08 - 12/13 Associate Director, Center for Human Nutrition, David Geffen School of Medicine at UCLA
07/08 - 12/13 Associate Director, UCLA Risk Factor Obesity Program
10/11 - 03/12 Acting Chief, Division of Hospitalists, VA Greater Los Angeles Health Care System
04/12 - 11/17 Chief, Division of Hospitalist, VA Greater Los Angeles Health Care System
07/13 - Chief, Division of Clinical Nutrition, UCLA Medical Center
01/14 - Director, Center for Human Nutrition, David Geffen School of Medicine at UCLA
01/14 - Director, UCLA Risk Factor Obesity Program

01/14 - Director, Clinical Nutrition Fellowship, David Geffen School of Medicine at UCLA
 07/17 - 06/23 Professor-in-Residence, David Geffen School of Medicine at UCLA
 12/17 - 06/22 Deputy Chief, Medical Service, VA Greater Los Angeles Health Care System
 07/22 - 01/23 Interim Chair, Department of Medicine, VA Greater Los Angeles Health Care System (VAGLA)
 07/22- Executive Vice Chair, VAGLA, Department of Medicine, UCLA Medical Center
 02/23- Chair, Department of Medicine/Chief, Medical Services, VA Greater Los Angeles Health Care System
 07/23- Professor of Medicine (tenure), David Geffen School of Medicine at UCLA

HONORS AND SPECIAL AWARDS:

03/90 Third Place Award, Advance in Science and Technology, State Education Commission, China
 06/91 First Prize, Basic Science, Young Investigators Forum of American Heart Association, Greater Los Angeles
 06/96 Resident of the Year, Internal Medicine. UCLA-VAMC West Los Angeles Program
 06/97 Resident of the Year, Internal Medicine. UCLA-VAMC West Los Angeles Program
 06/02 Recognition in Teaching Medical Residents, UCLA-VAMC West Los Angeles Program
 01/04 Gold Award for Goal Sharing to Care for Obese VA Veterans, Greater Los Angeles Health Care System
 05/04 Unsung Hero Nomination, VA Greater Los Angeles Health Care System
 06/04 TEACHER OF THE YEAR, Internal Medicine. UCLA-VAMC West Los Angeles Program
 08/04 Special Contribution Award, VA Greater Los Angeles Health Care System for leadership role in the reorganization of Emergency Department
 06/05 TEACHER OF THE YEAR, Internal Medicine. UCLA-VAMC West Los Angeles Program
 01/06 Award of Excellence, VA Greater Los Angeles Health Care System
 01/09 Special contribution award, VA Greater Los Angeles Health Care System for leadership in the ED
 01/11 Special contribution award, VA Greater Los Angeles Health Care System for setting up the Medical Officer of the Day Program
 2011 2012 Edition of Who's Who in America
 03/12 Social Work Spotlight Award, VA Greater Los Angeles Health Care System
 07/12 Certificate of Recognition, California Legislature Assembly for the MOVE Program, VA Greater Los Angeles Health Care System
 07/12 Certificate of Appreciation, Secretary, California Department of Veteran Affairs, for providing outstanding care to California veterans through the VA Greater Los Angeles and the University of California, Los Angeles Health Care System
 07/12 Certificate of Recognition, City of Los Angeles, for the application of outstanding medical skills in the care of Veterans and willingness to go above and beyond the call of duty on their behalf.
 07/15 The Lynda and Stewart Resnick Endowed Chair in Human Nutrition
 08/17 Recognition and appreciation of outstanding performance and service to Veterans, Week in Review by Anne Brown, Director of the VA Greater Los Angeles Health Care System.
 09/18 The Inaugural Fok Ying-Tung World Outstanding Chinese Doctor Award
 12/18 Veteran Health Agency Coin from the Secretary of the VA for accomplishments at GLA
 05/20 American Society for Nutrition McCormick Science Institute Research Award
 08/20 Named as one of 100 trailblazing women by UCLA Health's "100 in 100" celebration
 10/21 Honorary Medical Chair, 2021 LA Cancer Challenge
 10/22 Excellent Alumni Award, Peking University, School of Medicine, China
 11/22 The Inaugural Ka-Kit Hui Legacy Award of Excellence in Integrative Medicine, UCLA Health
 05/25 Volunteer of the Year Award, American Society for Nutrition

ACADEMIC AND ADMINISTRATIVE ACTIVITIES:

International

09/15 -10/21 President, the World Association of Chinese Doctors in Clinical Nutrition
 09/15 - Member, Board of the World Association of Chinese Doctors
 09/16 - Member of Advisory Committee, International Chinese Nutrition Young Scholar Network
 04/16 - Member, North American Chinese Nutrition Society Advisory Committee
 12/22 - Council Member, International Union of Nutritional Sciences (IUNS)
 06/25 - Executive Council Member of the 2nd Board of Specialty Committee of Yangsheng of the World Federation of

Chinese Medicine Societies

National

10/01 - 10/12 Member, Board of Obesity Research Network
 09/07- Member, the Obesity Society
 03/07 - 03/10 Member, VA Central Office Bariatric Surgery sub-Committee
 02/09 - Member, American Society for Nutrition
 04/10 - 03/11 Chair elect, Obesity Research Section, American Society for Nutrition
 03/10 - 03/12 Member, California Pistachio Board
 10/10 - 09/18 Member, Board of Nutrition Industry Association West
 04/11 - 04/13 Chair, Obesity Research Section, American Society for Nutrition
 11/11 - 12/12 Member, Nutrition Research Needs Working Group, American Society for Nutrition
 07/15 - Member, Board of Directors, National Board of Physician Nutrition Specialist (NBPNS)
 06/15 – 05/16 Member, American Society for Nutrition Clinical Conference Committee
 05/16 - 11/16 Member of the Technical Expert Panel (TEP) for a systematic review on the treatment of obesity among adults in primary care, American College of Physicians.
 06/16 - 06/18 Vice President, National Board of Physician Nutrition Specialist (NBPNS)
 07/18- 06/19 Member, Nutrition 2019 Scientific Planning Committee
 06/16 - 06/19 Member, Medical Nutrition Council, American Society for Nutrition
 06/17 - 06/19 Member, Board of Directors, American Society for Nutrition (ASN)
 06/18 - 06/20 President, National Board of Physician Nutrition Specialist (NBPNS)
 07/19 - 06/21 Ex Officio Members (NBPNS representative), American Society for Nutrition (ASN)
 05/20 - Member of Nutrition Action Alliance
 01/21- 06/24 Member, Membership Committee, American Society for Nutrition (ASN)
 03/22 - Member, American Heart Association
 07/23- 06/25 Member, Finance & Audit Committee, American Society for Nutrition (ASN)
 12/24- Chair elect, Physician Nutrition Interest Group, American Society for Nutrition (ASN)
 01/25- Member, the Technical Expert Panel on nutritional formulas, American Diabetes Association
 01/25- Member, Endocrine Society Pharmacological Management of Obesity Guideline Development Panel

Local

1997 - 1998 Member, Graduate Medical Education Committee
 1998 - 2006 Member, Resident Review Committee, UCLA-VAMC Internal Medicine Residency Program
 1998 - 2006 Member, Resident Selection Committee, UCLA-VAMC Internal Medicine Residency Program
 1999 - 2009 Member, Critical Care Committee, VA Greater Los Angeles Health Care System
 2003 - 2009 Member, VA Greater Los Angeles Health Care System Bioterrorism Response Committee
 2002 - 06/04 Member, UCLA Department of Medicine Practice Group Executive Committee
 2003 - 06/05 Members, VA Greater Los Angeles Health Care System Biosafety Committee
 01/04 - 12/06 Member, In-patient Operational Council, VA Greater Los Angeles Health Care
 03/04 - 12/09 Chair, ED and mental health task force, VA Greater Los Angeles Health Care System
 07/04 - 06/05 Treasure, UCLA Depart of Medicine Practice Group Executive Committee
 01/07 - 10/16 Member, In-patient Operational Council, VA Greater Los Angeles Health Care System
 02/07 - 06/09 Member, Medication Reconciliation Committee, VA Greater Los Angeles Health Care System
 02/07 - 06/09 Member, Through Put Committee, VA Greater Los Angeles Health Care System
 07/07 - 06/08 Member, Critical Value Task Force, Greater Los Angeles VA Health System
 07/08 - 06/11 Member, UCLA Academic Senate
 07/09 - 06/12 Member, UCLA Department of Medicine Practice Group Executive Committee
 04/11 - 04/13 Member, UCLA CareConnect Validation Committee
 09/12 - 06/15 Member. UCLA Legislative Assembly Representatives
 07/15 - 06/18 Member, UCLA Department of Medicine Practice Group Executive Committee
 04/16 - 06/18 Co-Chair, SAIL Task Force, VA Greater Los Angeles Health Care System
 07/18- 06/24 UCLA CME Course Chair, VA Department of Medicine Grand Round
 07/18- Member, UCLA Integrative Medicine Steering Committee
 09/00 - Member, UCLA Department of Medicine Committee on Appointments and Promotions (MedCAP)
 01/21- Member, UCLA Cancer Service Committee

07/21 – 06/24 Member, UCLA Department of Medicine Practice Group Executive Committee
07/18- Faculty, Caltech/UCLA Integrated NIH T32 Cardiovascular Engineering Training Program

EDITORIAL SERVICES TO SCHOLARLY PUBLICATIONS

01/12 - 12/15 Member, Editorial Advisory Board of The Open Diabetes Journal
01/14 - 12/17 Member, Editorial Board of Journal of Traditional and Complementary Medicine
01/14 – 12/20 Member, Editorial Board of Nutrition Review
10/14 - Associate Editor, Frontiers in Physiology, Microbiology and Immunology
06/16 – 06/23 Member, Editorial Board, Annual Review of Nutrition
01/17 - Associate Editor, Journal of Nutrition Oncology
09/21 - Member, Editorial Board of Precision Nutrition
01/24- Member, Editorial Board of Journal of American Society of Nephrology

RESEARCH GRANTS, AWARDS AND CONTRACTS

Active Research

1. American Pecan Promotion Board

Role: PI

Time Commitment: 0.72 Calendar Months

Title: Effect of Pecan Consumption on Aging

Duration: 02/01/2025-6/30/2026

Funding: \$150,000

2. National Mango Board

Role: PI

Time Commitment: 0.3 Calendar Months

Title: Effect of Mango Consumption on Skin Health

Duration: 04/16/2024-12/31/2025

Funding: \$198,422

3. USDA-department of agriculture national institute for food and agriculture (NIFA)

Role: PI

Time Commitments: 1.2

Title: Pilot Study to Determine the Effect of Walnut on Cognitive Function of Long COVID

Duration: 1/1/2023-12/31/2026

Funding: \$297,000

4. U54 NIH (20214205) Supplemental A22-1264-S003

Role: PI

Time commitments: 1.2 Calendar Months

Title: All of Us

Duration: 09/01/2022-8/30/2025

Funding: \$ 1,102,024

5. National Comprehensive Cancer Network (NCCN)

Role: PI

Time commitments: 1.2 Calendar months

Title: Contribution of Race to Nutritional Approach to lower Cardiovascular Risk Factors in Men undergoing Androgen Deprivation Therapy

Duration: 07/01/2022 - 03/ /31/2026

Funding: \$ 247,916

6. American Heart Association (947569)

Role: Project PI (PI: Tzung Hsiai)

Time commitments: 1.8 Calendar months
Title: Improving participation in multi-ethnic populations to personalized dietary to mitigate cardiometabolic diseases
Duration: 04/01/2022 -03/ /31/2026
Funding: \$1,188,000.00

7. U54 NIH (20214205)
Role: Site PI (PI: Alexander Borowsky)
Time commitments: 2.4 Calendar Months
Title: California Partnership for Personalized Nutrition
Duration: 1/01/2022-12/30/2027
Funding: \$2,838,813

8. VA Merit Review 1/01BX005796-01
Role: PI
Time Commitment: 1.2 Calendar Months
Title: Pomegranate Extract and Its Microbial Metabolite Urolithin A Suppress IBD through Modulation of the Gut Microbiome and T Cell Inflammatory Immune Responses
Duration: 10/2021-09/2025
Funding: \$700,000

9. RO1 NIH (HL155815)
Role: Co-I (PI: Wei Gao CalTech)
Time commitments: 1.2 Calendar Months
Title: Laser-Engraved Wearable Sweat Sensors to Detect and Monitor Cardiometabolic Disease
Duration: 8/23/2021- 7/30/2026
Funding: \$1,250,000

10. Department of Defense/USAMRAA (W81XWH2010592)
Role: PI
Title: Novel BDK Inhibitors to Treat Cardiometabolic Diseases
Time commitment: 0.6 Calendar Months
Duration: 9/1/2020-8/31/2025
Funding: \$3,486,388

Completed Research

1. UC/ California Breast Cancer Research
Role: Co-I (PI: William McCarthy, Fielding School of Public Health)
Time commitment: 0.6 Calendar Months
Title: A Fiber-Diverse, Anti-Inflammatory Diet and Aerobic Exercise Reduce Risk of Breast Cancer Recurrence
Duration: 8/1/2021-07/30/2023
Funding: \$195,000

2. UC Pancreatic Cancer Consortium (UCPCC)
Role: PI
Time Commitment: 0.3 months
Title: Malnutrition screening and nutrition optimization to improve outcomes in patients with unresectable pancreatic cancer
Duration: 1/1/2022-03/31/2023
Funding: \$100,000

3. HASS Avocado Board
Title: A Multi-site Randomized Clinical Trial to Compare Healthy Eating Recommendations for Six Months on Changes in Visceral Adiposity in Overweight/obese Americans
Role: Site PI.
Duration: 05/1/18 - 12/31/2023
Funding: \$1,775,233

4. Crohn's & Colitis Foundation (674996)

Title: Impact of the anti-inflammatory whole-food diet in Crohn's disease and predicting response to dietary therapy

Role: PI

Duration: 10/20 – 03/31/23

Funding: \$400,000

5. Mead Johnson

Role: PI

Time commitment: 1.0 Calendar Month

Title: A Randomized, Double-blind, Placebo-Controlled, Study to evaluate the Impact of Lactoferrin Dietary Supplementation on Respiratory Tract Infections in an Elderly Population

Duration: 2/1/2021-12/31/2023

Funding: \$1,610,243

6. Microbiome Labs (Physician's Exclusive LLC)

Role: PI

Title: Placebo-Controlled Pilot Study to Determine the Effect of Symbiotics and Bacteria Metabolite on Hemoglobin A1C and Blood Glucose Levels in Patients with Pre-Diabetes

Time commitment: 1.0 Calendar Months

Duration: 11/18/2020-11/17/2024

Funding: \$200,772

7. R01 grant: 5R01HL140116-03

NIH- NHLBI National Heart, Lung and Blood Institute

Role: PI

Time commitments: 1.80 calendar months

Title: BCAA Catabolic Defect in HF: Novel Mechanism and Therapeutic Target

Duration: 12/18 - 11/21

Funding: \$1,250,000

8. California Table Grape Commission

Role: PI

Title: Effect of Grape Consumption on the Microbiome in Healthy Subjects: A Pilot Study

Duration: 11/19 – 3/31/22

Funding: \$35,000

9. Almond Board of California

Title: Effects of almond on skin inflammation

Role: PI

Duration: 12/18 - 11/20

Funding: \$75,000

10. California Strawberry Commission

Title: Effect of Strawberry Consumption on the Microbiome in Healthy Subjects: A Pilot Study

Role: PT

Duration: 02/18 - 07/19

Funding: \$100,000

11. International Tree Nut Council

Title: Mixed nuts as healthy snack: effects on body weight and composition

Role: PI

Duration: 10/17 - 09/19

Funding: \$469,000

12. VA Merit Review

Title: Effects of Broccoli Sprout Extract on Allergic Rhinitis
Role: PI:
Duration: 04/16 - 03/19
Funding: \$450,000

13. Patient-Centered Outcomes Research Institute (PCORI)

Co-Design Project for Weight Management
Role: Co-Investigator (PI: Douglas Bell)
Duration: 04/17 - 09/18
Funding: \$4,400

14. UCLA FDN/Memory & Aging Research Center

Title: Alzheimer's Prevention Project
Role: Co-PI (PI: Gary Small)
Duration: 2018
Funding: \$1,000,800

15. Rheumatology Foundation

Title: Ultrasound Assessment of Obese RA Patients in a Weight Loss Program
Role: Co-PI, (PI Veena K, Ranganath)
Duration: 07/16 - 06/18
Funding: \$400,000

16. HASS Avocado Board

Title: A Comparison of A Hypocaloric Diet Plus One Hass Avocado Per Day Versus An Equally Hypocaloric Diet for Weight Loss, Satiety, Changes in Body Composition, and Risk Factors for Chronic Disease
Role: PI.
Duration: 01/17 - 12/17
Funding: \$269,000

17. Hirshberg Foundation for Pancreatic Cancer

Title: Nutrition support to improve outcomes in patients with unresectable pancreatic cancer
Role: PI.
Duration: 11/16 - 10/17
Funding: \$40,000

18. UCLA Center for Human Nutrition

Title: Study of the Effect of Fruit/Vegetable Based Supplementation on Microbiome
Role: Principal Investigator
Duration: 2015
Funding: \$150,000

19. VA Merit Review

Title: Gastrointestinal Hormonal Regulation of Obesity Project F-7219R
Role: Co-investigator (PI: Joseph Pisegna)
Duration: 10/10 - 09/16
Funding: \$250,000/year

20. GSK

Title: A Long Term, Randomized, Double-Blind, Placebo-Controlled Study to Determine the Effect of Albiglutide, When Added to Standard Blood Glucose Lowering Therapies, on Major Cardiovascular Events in Patients with Type 2 Diabetes Mellitus. Harmony Outcome Trial
Role: PI
Duration: 04/16 - 04/18

Funding: \$250,000

21. UCLA Center for Human Nutrition

Title: Clinical Trial to Determine the Efficacy of Pomegranate for Skin Inflammation and Aging

Role: Principal Investigator

Duration: 10/15 - 09/17

Funding: \$150,000/year

22. UCLA Center for Human Nutrition

Title: Effect of Dietary Protein on Pomegranate Ellagitannin Bioavailability

Role: Principal Investigator

Duration: 10/15 - 09/17

Funding: \$100,000

23. Patient Centered Outcomes Research Institute (PCORI)

Title: pSCANNER: patient-centered Scalable National Network for Effectiveness Research

Role: Co-Investigator (PI: Ohno-Machado Lucila, UCSD)

Duration: 04/14 - 09/15

Funding: \$13,000/year

24. National Health Institute

Title: Investigations of a low-fat diet with fish oil supplementation on prostate cancer outcomes in human cohorts and mouse models

Role: Co-Investigator (PI: William Aronson), 5% effort

Duration: 07/13 - 06/18

Funding: \$173,000/year

25. Endless Youth and Life

Title: Effects of Green Tea on Basal Metabolic Rate

Role: Principal Investigator

Duration: 2012 - 2014

Funding: \$250,000

26. UCLA Center for Human Nutrition

Title: Food Addiction Behaviors in Obese Adolescents with a Dopamine-Resistant (DRD2 A1) Receptor Polymorphism

Role: Principal Investigator

Duration: 2012 - 2014

Funding: \$40,000

27. UCLA Center for Human Nutrition

Role: Principal Investigator

Duration: 2012 - 2014

Funding: \$150,000

28. UCLA Center for Human Nutrition

Title: Pomegranate Ellagitannin Bioavailability and Metabolism from Pomegranate Fruit Made by Column Purification versus Membrane Filtration

Role: Principal Investigator

Duration: 2012 - 2014

Funding: \$150,000

29. Eli Lilly and Company

Title: the Effects of Dulaglutide on Major Cardiovascular Events in Patients with Type 2 Diabetes: Researching Cardiovascular Events with a Weekly Incretin in Diabetes (REWIND)

Role: Principal Investigator

Duration: 2012 - 2018
Funding: \$385,000

30. Ahmanson Foundation

Title: Comparison of the Bioavailability of Curcumin to Curcumin Formulated with Phosphatidylcholine or with Nanoparticles
Duration: 11/10 - 10/12
Funding: \$125,000

31. VA Merit Award

Title: Relationship of weight loss and the pathophysiology of prostate cancer
Role: Co-investigator, (PI: William Aronson) 10% effort
Duration: 07/09 - 06/12
Budget: \$450,000

32. Agency for Health Care Policy Research (AHCPR), Rand Cooperation.

Title: Effects of Bariatric Surgery on Diabetes.

PI: Paul Shekelle
Role: Co-Investigator, 5% effort
Duration: 01/11 - 08/11
Funding: \$300,000

33. Agency for Health Care Policy Research (AHCPR), Rand Cooperation.

Title: Systematic Reviews on Bariatric Surgery & Metabolic Conditions.

PI: Paul Shekelle
Role: Co-Investigator, 5% effort
Duration: 2010
Funding: \$10,000

34. Atkins Foundation

Title: Randomized Controlled Clinical Trial of Carbohydrate Restriction among Men Initiating Androgen Deprivation Therapy for Prostate Cancer.
Role: Co-Investigator (PI: William Aronson), 5% effort
Duration: 10/10 - 09/13
Direct Cost: \$69,405/year

35. TransTech Pharma

Title: A Prospective, Double-blind, Randomized, Placebo-controlled, Phase IIa, Multiple Dose, Multicenter Study to Assess Safety and Tolerability of 3 Doses of TTP435 in Obese (Class 1-2) Subjects over 8 Weeks of Treatment
Role: Principal Investigator
Duration of Grant: 03/09 - 12/09
Direct Cost: \$120,000

36. VA Merit Award

Title: Development of novel anti-hyperglycemic agent
Role: Principal Investigator 30%
Duration: 03/10 - 06/13
Direct Cost: \$450,000

37. NCI-NIH

Title: Examining the Effects of High Protein Diet on Outcomes in Heart Failure Patients
PI: Lorraine, S Evangelista
Role: Co-Investigator, 5% effort
Duration: 07/09 – 06/14
Direct Cost: \$1,314,828

38. FDP-NIH AI070453, NIH/FDP

Title: Xenobiotics, Oxidative Stress and Allergic
Heber (project PI), Nel (PI)
Role: Co-Investigator, 5% effort
Duration: 07/08 - 06/11
Direct Cost: \$670,260

39. Agency for Health Care Policy Research (AHCPR), Rand Cooperation.

Title: Pregnancy and Fertility Following Bariatric Surgery, A Systematic Review.
PI: Paul Shekelle
Role: Co-Investigator, 5% effort
Duration: 2007 - 2008
Funding: \$250,000

40. Bristol-Myers Squibb

Title: A Randomized, Double-Blind, Placebo-Controlled, Parallel-Arm, Multiple Dose Study to Evaluate the Safety, and Pharmacokinetics of BMS-646256 (SLV319) in Obese and High Risk Overweight Subjects
Role: Principal Investigator
Duration: 03/07 – 07/09
Funding: \$ 542,612

41. Medicine Co.

Title: Evaluation of the Effect of Ultrashort-Acting Clevidipine in the Treatment of Patients with Severe Hypertension (VELOCITY)
Principal Investigator: Ramin Ebrahimi
Role: Co-Investigator, 5% effort
Duration: 06/06 - 12/06
Funding: \$180,000

42. Agency for Health Care Policy Research (AHCPR), Rand Cooperation.

Title: Meta Analysis on Pharmaceutical and Surgical Treatment of Obesity
PI: Paul Shekelle
Role: Co-Investigator, 5% effort
Duration: 07/06 - 12/07
Funding: 1,000,000

43. Orexigen, Co.

Title: Orexigen ZB-201
Role: Principal Investigator
Duration: 06/06 - 06/08
Funding: \$217,775

44. Sanofi-Synthelabo Recherche

Title: Rimonabant in Prediabetic Subjects to Delay Onset of Type 2 Diabetes
Role: Principal Investigator
Duration: 07/06 - 05/09
Funding: \$455,224

45. VA Merit

Title: Effects of Weight Loss on Prostate Cancer Pathology
Role: Co-Principal Investigator, Principal Investigator William Aronson
Dates: 07/07 - 06/12
Funding: \$150K/year

46. Stewart and Lynda Resnick Revocable Trust

Title: Bioavailability, Bioactivity and Sports Performance Enhancing Effects of a Pomegranate Extract Sports Drink
Role: Principal Investigator
Duration: 08/05 – 07/06
\$218, 713

47. Herbalife, Inc
Title: The Effect of Niteworks Exercise Performance in Healthy Older Subjects
Role: Principal Investigator
Duration: 05/04 - 07/06
Funding: \$43,910

48. Herbalife, Inc.
Title: A Comparison of Weight Loss Achieved with a Meal Replacement Plan on Individualized Protein Supplementation to a Standard Protein Meal Replacement Plan
Role: Principal Investigator
Duration: 05/04 - 07/06
Funding: \$209,085

49. NIH
Title: Effects of High-Protein Diet on Satiety, Satiety Hormones, Insulin Resistance, and IGF-1/IGFBP-1 in Hyperinsulinemic Subjects
Role: Principal Investigator
Duration: 02/04 - 01/05
Funding: \$15,000

50. ACTELION PHARMACEUTICALS.
Title: A Multicenter, Double-Blind, Randomized, Placebo Controlled, Parallel Group Study To Assess The Efficacy, Safety And Tolerability of Tezosentan In Patients With Acute Heart Failure.
Principal Investigator: Freny Mody
Role: Co-Investigator - without salary
Duration: 2003 - 2004
Funding: \$150,000 app. Among the top 10 enrollers in the country

51. FUJISAWA Pharmaceuticals.
Title: A Phase II, Randomized, Double-blind, Placebo – controlled, Parallel- Group, Dose-response, Study of Intravenous Injection Of DTI-0009 For Ventricular Rate Control in Adult Subjects with Atrial Fibrillation.
Principal Investigator: Bramah Singh
Role: Co-Investigator - without salary
Duration: 2001 - 2002
Funding: \$30,000

52. Novartis Pharmaceutical
Title: R, DB, PC, DF, MC Study of Sanostatin LAR Depot (20, 40, & 60mg) in Px w Primary Insulin Hypersecretion (PIH) and at Least Moderate Obesity. Award # US20
Role: Co-Investigator - without salary
Duration: 01/02 - 07/03
Funding: \$135,087

53. Shering-Plough
Title: A Phase III, Multi-Center, Two Arm Study to Assess the Efficacy and Safety of Ecopipam (SCH 39166) in the Management of Obesity. Award # P00396-07
Role: Co-Investigator - without salary
Duration: 02/00 - 08/02
Direct Cost: \$536,123

54. Knoll Pharmaceutical Company

Title: A 12-Month Study to Assess the Efficacy and Safety of Meridia (Sibutramine Hydrochloride Monohydrate) 10 and 15 mg in Obese Adolescents
Award # 006722-001
Role: Co-Investigator - without salary
Duration: 11/00 - 02/02
Direct Cost: \$293,345

55. Knoll Pharmaceutical Company

Title: Combination Therapy of Meridia (Sibutramine Hydrochloride Monohydrate) & Meal Replacement on Body Weight & Weight Loss Maintenance in Obese Individuals. Award # 006744-001
Role: Co-Investigator - without salary
Duration: 11/00 - 03/02
Direct Cost \$130,688.25

56. Slim Fast Diabetes Slim Fast Nutrition Inst.

Title: Long-term Efficacy of soy based meal replacements vs. an individualized diet plan in obese type 2 DM patients: relative effects on weight loss, metabolic parameters, and c-reactive protein
Role: Co-Investigator - without salary
Duration: 04/01 - 12/02
Direct Cost \$319,990

57. CA/HHS/Department of Health Services

Title: Nutrient-Gene Interactions in Ovarian Cancer. Award # 00-00732v-20186
Role: Co-Investigator - without salary
Duration: 07/00 - 06/02
Direct Cost: \$990,389.33

PAST CLINICAL NUTRITION FELLOW/POSTDOCTORIAL MENTEES:

List of Trainees

Kurt Hong, MD, Ph.D.
Steve Chen, M.D. M.S.
Eric Yan, MD
Anita Bajpai, MD
Rubin Song, MD
Nancy Rahnama
Amy Lee, MD
Arpana Gupta, Ph.D.

Vijay Surampudi, MD
Shahzad Ahmed, MD
Seper Dezfoli, MD
Lauren Lemieux, MD
Shih Lung Woo, RD, PhD
Zahra Ezzat-Zadeh, RD, PhD
Michael Garcia, MD
Jing Wang, PhD

Mopelola Adeyemo, MD
Shaya Noorian
Pan Dou, MD

Qing Li, MD

Current Position

Director for Center of Clinical Nutrition, Univ. of Southern California
Executive Medical Director, Takeda Pharmaceutical
Practice at Loma Linda University, Nephrology
Practice Clinical Nutrition at The Pink Journey Foundation
Practice at Kaiser Permanente
Private Practice Bariatric Medicine in Beverly Hills
Medical Director, Lindora Inc
K23 mentee, Associate Professor, Center for Neurobiology of Stress Ingestive Behavior and Obesity Program, Division of Digestive Diseases UCLA
Associate Professor, Division of Clinical Nutrition, UCLA
Private Practice Gastroenterology and Clinical Nutrition, Atlanta, Georgia
Private Practice Gastroenterology and Clinical Nutrition
Private Practice
Medical Liaison for Clinical Trials, Proton
Private Practice Clinical Nutrition, Canada
Assistant Professor, Division of Clinical Nutrition
Assistant Professor, College of Animal Science and Technology, Hunan Agricultural University, Changsha, China
Assistant Professor, Division of Clinical Nutrition, UCLA
Gastroenterologist at Maryland University
Associate Chief, Clinical Nutrition at The First Affiliated Hospital of Peking University, Beijing, China
Associate Chief, Clinical Nutrition at the Affiliated Hospital of Southern Medical University, Guangzhou, China

Olivia Jordan
Natalia Branski
On Kei Lei

GI Fellow at University of Southern California
Hematology/oncology fellow at Cedar Sinai Medical Center
Research Scientist at Mao Kau University

Past Graduated Doctor Students

Yaqing Pan
Tianyu Qin

Past Graduated Master Student (Integrative Life Science)

Brenda Chen 2019

Current Clinical Nutrition Fellow/Postdoctoral Mentees

Gwendolyn Lee
Hila Zelicha
Tatiana Diacova

Medical School Teaching

07/2020- Chair, Early authentic career education course: Clinical Nutrition
07/2022- Chair, Discovery Concentration: Health Meets Food: Culinary Medicine & Nutrition

Undergraduate Teaching

2014- Course Chair, PhySci 167, Medical Nutrition, Enrollment 250 Students

Graduate Student Teaching

2021- Lecturer, Path 294

INVITED LECTURES AND PRESENTATIONS:

06/1998	VA Greater Los Angeles Health Care System Grand Rounds, "Eat to Beat Breast Cancer"
05/1999	VA Greater Los Angeles Health Care System Continue Education Lecture, "Clinical Guidelines for Obesity Management"
06/1999	VA Greater Los Angeles Health Care System Endocrinology Grand Rounds, "Weight Control"
06/2000	UCLA Healthcare 50 Plus Program, "Eating Healthy"
08/2000	VA Greater Los Angeles Health Care System Department of Medicine Noon Conference, "Hypertension Emergency"
08/2001	VA Greater Los Angeles Health Care System Department of Medicine Noon Conference, "Hypertension Emergency"
10/2001	VA Greater Los Angeles Health Care System Nurse Continue Education Lecture, "Acute Coronary Syndrome"
08/2002	VA Greater Los Angeles Health Care System Department of Medicine Noon Conference, "Hypertension Emergency"
11/2002	VA Greater Los Angeles Health Care System Endocrinology Grand Rounds, "Pharmacological and Surgical Treatment of Obesity"
04/2004	Women's Sexual Health state-of-Art Series, "Diet, lifestyle, and Nutritional Supplements for Weight Management during the Menopausal Transition: Why Women Are at Risk for Weight Gain and What to Do about It."
06/2004	UCLA CME Series - Family Medicine Refresh Course, "Update on Obesity Management in Primary Care"
09/2004	VA Greater Los Angeles Health Care System Department of Medicine Grand Round, "Pharmacotherapy and Surgical Management of Obesity"
09/2004	St Jude Medical Center Grand Round, Nutrition Update for Primary Care Physicians"
11/2004	West Hills Medical Center Grand Round, "Nutrition Update"
01/2005	Holy Cross Medical Center at Mission Hills Grand Round, "Nutrition Update for Primary Care Physicians"
06/2004	Symposium on the Role Alternative and Complementary Medicine on Secondary Prevention of Cardiovascular Disease, Beijing, "Chinese Red Yeast Rice"
02/2005	The 2nd International Conference on Complementary and Alternative Medicine, Singapore, "Cholesterol-Lowering Effects and Pharmacokinetics of Chinese Red Yeast Rice"

04/2005 UCLA East-West Medicine Center Grand Round, "Nutrition Research and Role of Alternative Medicine"
 05/2005 ADA leadership retreat, San Diego, "Phytonutrients, inflammation and hs-CRP"
 12/2005 VA Sepulveda Ambulatory Care Center Grand Round, "Diet therapy for Obesity"
 05/2006 ADA leadership retreat, San Diego, "Phytonutrients and inflammation"
 09/2006 ADA annual meeting CME series, Honolulu, "Taming the fires of inflammation through diet"
 08/2006 Red Yeast Rice Experts' Forum, Beijing, "Biological Effects of Red Yeast Rice"
 10/2006 UCLA Center for East-West Medicine Conference, "Chinese Red Yeast Rice and Cardiovascular Health"
 11/2006 CAM EXPO in Los Angeles, California, "The Healthy Diet: an Rx for Weight Loss"
 11/2006 California Nutrition in Medicine Conference, "Very Low Calorie Diets (VLCD): Blast from the Past or Cutting Edge?"
 03/2007 Obesity Prevention and Treatment Conference, Las Vegas, "Obesity Surgery- What are the Issues Clinicians need to Know?"
 03/2007 VA Greater Los Angeles Health Care System Endocrinology Grand Round, "Impact of Phytonutrients on Inflammation"
 03/2007 Citrus Valley Medical Center Grand Round, "Nutrition and Popular Diets"
 04/2007 St. Francis Medical Center, Grand Round, "Nutritional Benefits Update for the PCP"
 10/2007 California Endocrine and Nutrition in Medicine Conference, "Taming the Volcano of Inflammation: Platform for Chronic Diseases"
 11/2007 Current concepts of Nutrition-Impact of Phytonutrients on Inflammation
 05/2008 2008 Women's Health Update at UCLA "Can Natural Nutrients Prevent Disease?"
 05/2008 Torrance Memorial Medical Center, "Current Concepts of Nutrition-Impact of Phytonutrients on Inflammation"
 12/2008 Greater Los Angeles Dietetic Intern Consortium, "Outpatient Obesity Programs" VA Greater Los Angeles Healthcare System
 04//2009 Greater Los Angeles Department Medicine Grand Round. "Obesity: Platform for Chronic Illness". VA Greater Los Angeles Healthcare System,
 04/2009 UCLA Out Reach Program. "Weight Management, Diabetes and Disease Prevention"
 05/2009 Obesity Treatment and Prevention, Center for Obesity Research and Education. "Physiological Adaptation to Dieting and Weight Loss". Las Vegas, Nevada.
 06/2009 Insights into Cancer, the Simms/Mann – ULCA Center for Integrative Oncology, "Can Natural Nutrients Prevent Cancer and Its Recurrence?" Tame the Volcano of Inflammatory with Phytonutrients".
 11/2009 Guangzhou Medical University Seminar, Beijing, China. "Obesity: Platform for Chronic Diseases".
 11/2009 Anzhen Hospital Grand Round, Beijing, China. "Obesity: Special Challenge for China"
 11/2009 Los Angeles County K-12 Teacher Conference, Los Angeles. "Medicinal Use of Tea"
 01/2010 Sierra Club of Los Angeles, Culver City. "Diet, Health and Environment"
 01/2010 UCLA Healthcare 50-Plus Seminar. "Role of Nutrition in Cancer Prevention"
 03/2010 12th Scleroderma Foundation Education Day in Southern California, "It's What's Inside That Counts: Scleroderma and Nutrition"
 04/2010 Experimental Biology 2010, "Safety and Efficacy of Protein-enriched Diets in Metabolic syndrome"
 05/2010 Iris Cantor-UCLA Women's Health Center Grand Round, "Diet, Lifestyle and Breast Cancer"
 05/2010 2010 Beijing University Diabetes Forum, "Nutrition Imbalance and Metabolic Diseases".
 05/2010 The XXIX World Nuts and Dried Fruit Congress, "Health Benefits of Pistachio"
 05/2010 Beijing 306 Military Hospital Special Lecture, "Prevention and Treatment for Diabetes: Eat and Living Well".
 06/2010 VA Greater Los Angeles Health Care System General Internal Medicine Noon Conference, "Diet, Health and Environment"
 08/2010 VA Greater Los Angeles Health Care System Endocrinology Grand Round, "Sarcopenia Obesity and Diabetes"
 08/2010 UCLA Department of Radiation Oncology noon Lecture, "Nutrition and ENT Cancer"
 10/2010 UCLA Department of Medicine Research Day, "Spices on Lipid Peroxidation and Energy Expenditure"
 11/2010 Arizona Geriatric Society Annual Meeting, "Evidence for Nutrition and Brain Fitness"
 11/2010 Arizona Geriatric Society Annual Meeting, "Diet and Healthy Living"
 11/2010 Scleroderma Foundation 2010 Fall Education Day in Southern California, "The Esophagus and Avoiding Heartburn"
 01/2011 UCLA Endocrinology Grand Round, "Spices on Spices on Lipid Peroxidation and Energy Expenditure".
 03/2011 VA Greater Los Angeles Health Care System General Internal Medicine Noon Conference, "Nutrition Support for Patient in the Hospital".

04/2011 American Society for Nutrition Satellite Symposium, “The Challenge in Asia: Type 2 Diabetes in the Absence of BMI Criteria for Obesity”.

05/2011 National Industry Association West Spring Conference, Palm Springs, “Phytonutrients and Inflammation”

05/2011 Holly Cross Medical Center, Los Angeles, “Obesity: Platform for Chronic Illness”

10/2011 National Student Conference on Integrative Medicine, UCLA 2011, “Nutrition and Inflammation”

11/2011 Iris Cantor –UCLA Women’s Health Center Executive Advisory Board Fall Luncheon, “Muscle vs. Fat: Unhealthy at Size 2?”

11/2011 City of Hope Grand Round, “Obesity: Platform for Chronic Illness”

11/2011 National Industry Association West Fall Conference, Los Angeles, “Ingredients in Clinical Practice”

01/2012 VA Greater Los Angeles Health Care System. Department of Medicine Noon Conference, “Obesity: The Trouble with Fat”

02/2011 California Strawberry Commission Annual Meeting, Monterey, “Strawberry Research at the UCLA Center for Human Nutrition”

02/2012 Harbor UCLA Medical Center, Department of Endocrinology Grand Round, “Obesity: The Trouble with Fat”

03/2012 Valley Presbyterian Medical Center Grand Round, “Obesity Management”

04/2012 Glendale Memorial Hospital and Health Center Grand Round, “Treatment approaches in managing obesity”

04/2012 Experimental Biology, San Diego, “Effects of MUFA on Visceral Fat & Inflammation”

04/2012 Experimental Biology, San Diego, “Fish Oil, Algal and Other Plant Oils: Safety and Sources”

05/2012 City of Hope Grand Round, “Nutrition and Inflammation”

05/2012 National Industry Association West Spring Conference, Newport Beach, “Getting Ahead of the Curve in the Trouble with Fat”

06/2012 Little Company of Mary Medical Center CME, Torrance, “Obesity: The Trouble with Fat”

10/2012 US-China Dialogue, 1st Nutrition and Metabolic Syndrome Forum, Xian China, “How to Adapt the Chinese Diet to Modern Lifestyle”

11/2012 National Industry Association West Fall Conference, Los Angeles, “How the Human Microbiome Impacts Our Health”

01/2013 Eisenhower Medical Center Grand Round, Rancho Mirage, “Nutrition and Health”

01/2013 Cedars Sinai Endocrinology Grand Round, Beverly Hills, “Obesity Management: Tame the Fire of Obesity”

04/2013 Experimental Biology, Boston, “The Role of the Microbiome as Carbohydrate Intake Shifts to Sugars and Refined Carbohydrates”

05/2013 International Society for Hypertension in Blacks 2013, San Francisco, “Hypertension: the Mismatch of Your Genes and the Environment”

05/2013 National Industry Association West Spring Conference, Newport Beach, “The Shift in Carbohydrate Intake Worldwide”

07/2013 Downy Regional Medical Center CME: “Obesity Management”

09/2013 VA Greater Los Angeles Health Care System Endocrinology Grand Round, “Nutrition Counseling for the Management of Diabetes and Heart Disease”

09/2013 Saint John’s Health Center Postgraduate Assembly, September 21, 2013, “Introduction to Obesity”

11/2013 Korean Society of Nutrition annual meeting, Seoul, Korea “Obesity and Inflammation”

12/2013 Taipei Medical University Cancer Center, Taipei, “Nutrition Assessment and Support for cancer Patients”

12/2013 2013 International Conference on Nutraceuticals, Taipei, “Clinical Nutrition and Diseases”

03/2014 “Nutrition, microbiome and healthy”

05/2014 UCLA Depart of Medicine Grand Round, “The Management of Obesity and the Overweight Patient Scientific Update, 2014”

05/2014 The Oxygen Club annual meeting in Sacramento, “Pomegranate Consumption, Microbiome, & Urolithin Production

06/2014 UCLA Endocrinology Grand Round, “The Management of Obesity and the Overweight Patient Scientific Update, 2014”

02/2015 11th Hirshberg Symposium on Pancreatic Cancer, Los Angeles, “Nutritional Challenges in Patients with Pancreatic Cancer”

04/2015 Food Ingredients China 2015. “Nutrition, Microbiome and Metabolic Syndrome”

04/2015 Grand Round at To Ji University, Shanghai, China, “Nutrition Challenge for Asia”

04/2015 American Dietetic Association California Chapter annual meeting, Riverside, California. “The Nutrition, Microbiome and Health”

04/2015 UCLA Division of Gastroenterology Grand Round, “An Interdisciplinary Approach

to the Metabolic Syndrome at UCLA”

05/2015 Chinese Nutrition Society Annual Meeting, Beijing, “The Global Nutrition Transition: Challenge in China”

05/2015 Chinese Nutrition Society Annual Meeting, Beijing, “Diet, Microbiome and Obesity”

05/2015 UCLA Iris-Cantor Women’s Health Center Grand Round, “Diet, Microbiome and Obesity”

05/2015 UCLA Department of Pediatrics Conference “Diet and Microbiome”

06/2015 UCLA Urology Grand Round, “American diet and kidney stones: The role of the intestinal microbiome”

08/2015 Grand Round, Anhui Province Hospital, China, “Nutrition and Health”

09/2015 The World Association of Chinese Physician Annual meeting, Beijing, China “Diet and Microbiome”

11/2015 Ninth Annual UCLA Liver Diseases Symposium, Los Angeles “Weight Reduction for NASH”

11/2015 The Obesity Week 2015, Los Angeles, “Nutrient Deficiencies Seen in Obesity and After Significant Weight Loss”

12/2015 The 3rd Annual UCLA Diabetes Symposium, Santa Monica, “Current Management of Obesity”

02/2016 Regional conference of Asian Pacific American Medical Student Association, Los Angeles, “Culture Affects Practice”

03/2016 North America Chinese Society for Nutrition Webinar, “Career in Nutrition”

04/2016 Experimental Biology, San Diego, “Modulation of the Gut Microbiome by Prebiotics, Phytochemicals, and Dietary Pattern”

04/2016 The 1st North America Chinese Society for Nutrition Scientific Symposium, San Diego, “Diet, microbiome and obesity”

05/2016 43rd Annual UCLA Family Medicine Refresher Course, Maria Del Rey, “Modern Management of Obesity”

05/2016 National Industry Association West Spring Conference, Newport Beach, “Diet, Microbiome and Health”

06/2016 Grand Round, Pacifica Hospital of the Valley, Los Angeles, “Current evidence on dietary intervention on diabetes prevention and treatment”

08/2016 3rd Annual meeting of the World Association of Chinese Doctors, Palo Alto, “Management of Chronic Diseases: Personalized Approach”

10/2016 Taipei Medical University Lecture, Taiwan, “Nutrition therapy for cancer”

10/2016 International Conference on Nutraceuticals, Keynote Speaker, “Nutrition Management for Cancer”.

10/2016 UC Davis Lectureship “Microbiome in Phytonutrient Metabolism and Health: a lesson from pomegranate”.

10/2016 Tenth Annual UCLA Liver Diseases Symposium, Los Angeles, “Weight Management: Personalized Approach”

11/2016 Good Samaritan Hospital Grand Round, “Diet and Autoimmune Disorders”

11/2016 Chinese Medical Doctor Association, Subspecialty Committee of Clinical Nutrition 2016 Annual Meeting, Shenzhen, China. Keynote speaker, “Nutrition Practice in US”.

12/2016 Advances and Controversies in Clinical Nutrition, American Society for Nutrition, Orlando, Florida, “Prevention and Treatment of Perimenopausal Weight Gain”.

02/2017 Invited Lecture, Texas A & M University “Personalized Approach to Weight Management”

03/2017 44th Annual UCLA Family Medicine Refresher Course, Maria Del Rey, “Obesity: Meeting the Clinical Challenge”

03/2017 The 5th International Symposium on Clinical Nutrition, Chengdu, China, “Nutrition is essential for Enhanced Recovery after Surgery”

04/2017 VA Greater Los Angeles VA Health Care System noon lecture, “Nutrition support for inpatients”

04/2017 2017 Chinese International Symposium of Nutrition Oncology, Nutrition: the 1st line therapy for cancer, Beijing, “Dietary therapy for cancer patients”

05/2017 UCLA Division of Endocrine grand round, “Nutrigenetics and Nutrigenomics of Diabetes”

07/2017 The U.S. -China Clinical Nutrition Summit in 2017, “Essential role of Nutrition Support in ERAS”

07/2017 Herbal Medicine Summit: Improving the Safe and Effective Use of Chinese Herbal Medicine, “Herbal Medicine Study with Modern Technology”

09/2017 The 11th International Society of Nutrigenetics and Nutrogenomics Conference, Los Angeles “Defining the impact of dietary influences on the microbiome: Challenges and Opportunities”

10/2017 Grand Round, Beijing Hospital, Beijing, China “Nutrition and Sarcopenia”

10/2017 The 1st Chinese Symposium on Food for Special Medical Purpose, Hangzhou, China, “Food for Special Medical Purpose in US”

11/2017 The 5th Annual UCLA Diabetes Symposium, Santa Monica, “Medical Treatment of Obesity: Personalized to Precision Nutrition”

11/2017 Providence Saint Joseph Medical Center Grand Round, Burbank, “Diet, Microbiome and Health”

11/2017 Providence Holy Cross Medical Center CME lecture, Mission Hills, “Consequence of Obesity”

02/2018 The 6th Annual Student Conference for Integrative Medicine (ASCIM) at UCLA, “Nutrition as We Age - A Path to Longevity”

06/2018 Nutrition 2018, Boston. “Polyphenols, Microbiome, Mitochondria Quality Control”

06/2018 International Life Sciences Institute Symposium, Beijing “Summary of Clinical Studies of Partial Meal Replacements”

08/2018 Chinese Society of Enteral and Parental Nutrition annual meeting, Beijing. “Integrative Nutrition”

09/2018 The World Association of Chinese Doctors annual meeting, Qingdao, China. “Microbiome and Chronic Diseases”.

10/2018 12th Annual UCLA Liver Diseases Symposium, Pasadena. “Nutrition”

11/2018 Personalized Nutrition in Primary Care, CME symposium course chair. UCLA, California

11/2018 International Conference on Nutraceuticals. Taipei, “Nutrition, Microbiome and Cancer”

11/2018 Chinese Society for Radiation Oncology annual conference. Hangzhou, China, “Integrative Nutrition for Cancer”

03/2019 15th Annual Symposium on Pancreatic Cancer, UCLA, Los Angeles, “Nutrition and Pancreatic Cancer...Food Matters!

04/2019 Wonder of Women (WOW) summit “Trailblazers: Mind-Gut Connection” UCLA, Los Angeles

04/2019 the 7th National Congress of Nutritional Oncology “Low Carb Diet in the U.S” Beijing, China

04/2019 American Occupational Health Association 2019, Anaheim, “Obesity: Non-Pharmacologic & Pharmacologic Management”

05/2019 Pri Med West, Anaheim, “Obesity: Non-Pharmacologic & Pharmacologic Management”

07/2019 UCLA Department of Medicine Grand Round, “The Diet to Recommend to Your Patients with Metabolic Diseases: from Research to Practice”

09/2019 The 14th National Nutrition Science Conference/ the 11th Asia-Pacific Clinical Nutrition Conference/ the 2nd Global Chinese Nutrition Scientist Conference, Nanjing, China. “Nutrition as We Age - A Path to Longevity”11/2019

11/2019 Medicine Grand Round, VA Greater Los Angeles, “Current Evidence on the Role of Nutrition in Treatment of Diabetes

12/2019 Personalized Nutrition in Primary Care 2019, CME symposium course chair. UCLA, California

11/2019 West Hills Medical Center Grand Round, Diet and Disease Connections: What Lecture: should we eat now?

01/2020 UCLA Combined Pediatric and Adult Endocrine Grand Round, “Nutrition and Weight Loss”

02/2020 Cedars & Sinai Endocrine Grand Round, “Current evidence on dietary intervention on diabetes prevention and treatment-Personalized Approach”

03/2020 Annenberg Center for Health Sciences at Eisenhower, Rancho Mirage, “The Diet to Recommend to Your Patients with Metabolic Diseases: from Research to Practice”.

04/2020 Hirshberg Foundation , “How to Eat and Live Well During Coronavirus: Vital Tips for the Pancreatic Cancer Community”

04/2020 Nutrition Trends Forum 2020, “Health Benefits of Pomegranate: From Research to Consumers”

06/2020 Nutrition 2020, “Clinical Benefits of Branched Chain Amino Acids and Protein Quality on Muscle and Glucose Metabolism”

06/2020 Northern Colorado Medical Society- virtual nutrition panel event, “Personalized Nutrition- A Path to Healthy Life”

07/2020 The 3rd Chinese Society of Clinical Society Congress, “Protein-muscle Relationship in Cancer Patients”

07/2020 International Chinese Nutrition Young Scholar Network, “Nutrition for Immune Support in the Era of Covid-19”

09/2020 PriMed Primary Care, “Challenges and Controversies in Diets for Weight Loss”

10/2020 UCLA Bioengineering Seminar “Design the precise diet for your immunity in COVID-19 pandemic”

12/2020 The Almond Conference 2020-Almond Skin Health, “Health Benefits of Almond: From Research to Consumers”

04/2021 UCLA Integrative Medicine Wellness Seminar Series, “Dietary Quality and Immunity: What to Eat?”

05/2021 UCLA 2021 Student Mental Health Virtual Conference, “Dietary Quality and Immunity: What to Eat?”

05/2021 Los Angeles network group of the Association of Diabetes Care and Education Specialists, “Nutrition Quality & Personalized Care for Diabetes”

06/2021 The 38th International Symposium on Diabetes and Nutrition, “Nuts in the Prevention of Diabetes Mellitus and Metabolic Syndrome”

06/2021 The 9th National Congress of Nutritional Oncology, China. “Nutritional Oncology: Nutrition in Cancer

Prevention, Treatment, and Survivorship”

06/2021 Nutrition 2021, “Precision Nutrition-Obesity Prevention and Treatment”

06/2021 Webinar GO NUTS: help your clients and patients address their pandemic weight gain and health-related issues. “Nuts, Diabetes & Metabolic Syndrome”

09/2021 The 37th Annual UCLA Intensive Course in Geriatric Medicine and Board Review, “Nutrition Throughout the Ages”

09/2021 UCLA CME Accredited Women's Health Case Conference Meeting, “Dietary Data to Help Your Patients”

10/2021 the International Society for Nutraceuticals and Functional Foods (ISNFF) conference, “Health Benefits of Almond: From Research to Consumers”

10/2021 The European Federation of the Associations of Dietitians (EFAD) virtual congress, “Precision Nutrition and Obesity: Hype or Hope?”

10/2021 The 38th Annual Carl M. Pearson Memorial Symposium: Frontiers in Rheumatology, “Dietary Data to Help Your Patients”

12/2021 The Almond Conference 2021, Sacramento, “Get the Skinny on ABC Skin Research”.

12/2021 The 8th Annual Department of Health Service Diabetes Day, Los Angeles County, “An Update on Nutrition and Diabetes”

01/2022 The Hilton MS Achievement Center at UCLA Symposium, Los Angeles, “Personalized Nutrition for Immunity and Multiple Sclerosis”

02/2022 UCLA Combined Endocrine Grand Rounds, Los Angeles, “Diet and Diabetes: It is not all about the carbs!”

03/2022 Extension for Community Healthcare Outcomes West, DHS Monthly Educational Activity, Los Angeles, “Nutrition and Diabetes”.

04/2022 Methodist Hospital of Southern California CME lecture, “Diet, Exercise, Herbs and Supplements”

04/2022 St. Charles Health System CME lecture, Oregon, “Diet and Nutrition in CVD: What really works?”

05/2022 The 15th China Nutrition Science Congress, Beijing, “Health Benefits of Almond: from Research to Consumers”

05/2022 Nuts and berries: Pathways to oxidant defense, vascular health and gut microbiome changes, UC Davis, “Nuts for healthy body weight: Direct and indirect benefits”

05/2022 American Association of Clinical Endocrinology Annual Meeting 2022, San Diego, “Precision Nutrition Are we there yet?”

05/2022 Academy of Nutrition and Dietetics AAPI: Precision Nutrition Webinar Practice Session: “Precision Nutrition: What is the best diet for me?”

06/2022 American Society for Nutrition Annual Conference: The Global Nutrition: Sustainability and Human Nutrition

06/2022 Nutrition Society of Malaysia 37th Scientific Conference: Functional Role of Nutrition in Addressing NCDs

08/2022 Nutrition Society of China 18th National Academic Conference of Clinical Nutrition. Precision Nutrition: Are We There Yet?”

01/2023 Nutrition Society of China “Food as Medicine” presentation

02/2023 American Society for Nutrition Lecture, “Emerging Science on Almonds: Gut, Brain and Skin Health”.

05/2023 Milken Institute Global Conference 2023, “Is 90 the New 60? Drafting a Blueprint for your Best Health” panel discussion

05/2023 American Association of Clinical Endocrinology Annual Conference. “Nutrition and Obesity – Precision Nutrition: Are We There Yet?”

06/2023 UCLA Nephrology Noon Conf, “Taking Charge of CKD with lifestyle modifications and Nutrient-Packed Diet for Optimal Health”

07/2023 The Society of Chinese American Physician Entrepreneurs (SCAPE) 9th Annual Conference Keynote Speech, “Prospects of Precision Nutrition”

07/2023 Pri Med West, Anaheim, “Top Questions on Fad diets, Keto diets, Elimination and More”.

07/2023 Nutrition 2023, American Society for Nutrition Annual Conference, Boston. “Dietary Quality and Nutrient Analysis Beyond Macro and Micronutrients to Advance Precision Nutrition”

07/2023 Duke Online Clinical Nutrition Course and Fellowship, “Precision Nutrition”.

07/2023 Nutrition Society, UK, “Say Nuts to health! With reference to pistachio research”

08/2023 UCLA Department of Medicine Grand Rounds, “Food is Medicine. Are We Ready to Write Nutrition Rx?”

09/2023 The 14th Asian Congress of Nutrition, “Prospects of Precision Nutrition”

09/2023 Qingdao University, “Food is Medicine”

11/2023 The 6th Huaxia Forum of Medical Nutrition, “Precision Nutrition for the Treatment of Obesity”

04/2024	UCLA David Geffen School of Medicine, Personalized Nutrition in Primary Care 2024, “Is Nutrition a Viable Option for Cardiovascular Risk Reduction?”
04/2024	LABEST (LA Bioscience Ecosystem Summit Twenty24), “Precision Nutrition”
05/2024	The 10 th China Obesity Science Conference, “The Prevention and Treatment of Obesity”
07/2024	UCLA Longevity Center, “Food is Medicine-Eating for a Better Brain”
06/2024	Nutrition 2024, American Society for Nutrition Annual Conference, Boston, “Debunking Nutrition Myths: Separating Fact from Fiction”
10/2024	The 45 th Annual UC Davis Health Diabetes & Endocrinology Symposium, Davis, “Weight Management in Patients with Diabetes”
10/2024	The 3 rd Annual UCLA Ginsburg Symposium Precision Nutrition, Health and Wellness, Los Angeles “What We Have Learnt About GLP-1 Agonist for Weight Loss”
11/2024	Obesity Week Key Lecture, San Antonio, “Is Precision Nutrition Ready for Prime Time in Obesity Care?”
11/2024	Congress of Action on Clinical Nutrition, CACN 2024, Wuxi, China. “Prospective of Precision Nutrition-Individualization is the Corner Stone of Nutrition”
11/2024	The 7 th Congress of Clinical Nutrition, Beijing, “What We Have Learnt About GLP-1 Agonist for Weight Loss”
12/2024	Association of Professors & Scholars of Iranian Heritage, “What Nutrition Myths have you heard?”
01/2025	Alliance of North American Chinese Physicians, “Precision Nutrition: From diseases to treatment”
03/2025	Pennington Research Institute Grand Round, Baton Rouge, “Precision Nutrition: How do we get there?”
03/2025	David Geffen School of Medicine at UCLA Geriatric Medicine Grand Rounds, “The Challenge of Using GLP-1 Agonist in Older Patients”
04/2025	China International Consumer Products Expo, Haikou, China, “Nutrition Science and Health”
04/2025	Xuanwu Hospital Grand Round, Beijing, China, “Nutrition, Gut Microbiome and Brain Health”
04/2025	Beijing Capital Medical University, Beijing, China, “Clinical Nutrition Practice in the U.S.”
05/2025	American Society for Nutrition Annual Conference, Orlando, “Cancer Cachexia and Nutrition During Chemotherapy”
06/2025	2025 Health Forum of Peking University, Beijing, China, “Precision Nutrition in the U.S.”

COMMUNITY ACTIVITIES

2004	UCLA Vital Sign, “Fat cells play active role in overall wellness”
2005	UCLA Vital Sign, “Early death risk due to Obesity debated”
2007	Interview with Los Angeles Times, “Liquid or solid food: Maybe it matters”
2007	Interview with Los Angeles Times, “Tricky side of treats”
2007	Interview with Los Angeles Times, “A closer look: It comes down to satisfaction”
2008	Featured story, Los Angeles Times, “Waiting for a liver transplant, she tries to reclaim the rhythm of her life”
2/08	Interview with ScienceDaily “How Believing Can Be Seeing: Context Dictates What We Believe We See”
2009	Featured article, AgroFood, “Meal replacement: A valuable tool for weight management”
2009	Interview with UCLA Today, “Weight Watching”
2010	Interview with Daily News Los Angeles, “Not all drinks a toast to your health”
04/10	Interview with ScienceDaily, “Dietary supplement speeds silver cyclists”
04/10	Interview with WebMD, “Supplement may give older athletes an edge”
04/10	Interview with Science News, “Chili pepper holds hot prospects for pain free dieting”
06/10	Temple Akiba, Culver City. “Diet, Environment and Health”
2011	Interview with Man’s Magazine, Meal replacement for weight loss
2011	Reviewer for Total Wellness, “9 ways to spice up your life”
01/12	Review with Science Daily, “When Overeating, Calories-Not Protein-Contribute to Increase in Body Fat, Study Finds”
04/12	Speaker, UCLA Cardiomyopathy Patient Support Group “Nutrition Support for Better Breather”
01/12	Interview with Fitness Magazine, “Rev It Up: How to Reboot Your Metabolism”
06/12	Speaker, Huntington’s Disease Society of America 2012 Convention, “Are All the Calories the Same?”
8/12	Speaker, UCLA Head and Neck Cancer Patient Support Group, “Nutrition Assessment & Support for Head & Neck Cancer Patients”
05/13	Speaker, Viewpoint School, “What Color is Your Plate?”
11/13	Interview with Yahoo.com, “How to Reboot Your Metabolism”

03/15 Huffington Post, "The Best Online Calorie Calculator, According To Science"

04/15 Interview with American Society for Nutrition, "Chinese Nutrition Week".

01/15 Interview with Robb Report, "Intelligent Questions to Ask Your Doctors Spring 2015"

04/16 Interview with Los Angeles Times, "Are you getting enough vitamin B12?"

05/16 Interview with self.com, "Think You Might Be Vitamin D Deficient? Here's How To Tell".

05/16 Interview with vogue.com, "The Delicious Turmeric Tonic That Fights Inflammation and Free Radicals"

06/16 Interview with Today, "Want to Change Your Teen's Behavior? Study Suggests Focusing on the Positive"

06/16 Interview with ScienceDaily, "Some Asian-Americans are predisposed to want more carbs, fast food"

07/16 Interview with Nature World News "Does Alkaline Water Really Live up to Its Big Promise?"

07/16 Interview with Newswire, "Some Asian-Americans Are Predisposed to Want More Carbs and Fast Food"

11/16 Interview with vogue.com, "Can Collagen Supplements Transform Your Skin and Body? 5 Experts Weigh In"

12/16 Interview with New York Times. "How to Feed a Runner".

12/16 Interview with Business Insider, "A nutrition expert reveals the actual health benefits of the trendy drink Pepsi bought for \$200 million"

12/16 Interview with Harper's Bazaar, "The One Thing Experts Want You To Stop Eating in 2017"

01/17 Interview with Live Science, "Why Do Men Gain Weight in Their Bellies?"

02/17 Interview with Los Angeles Times, "Seven things you can do right now to put yourself on a path to better health"

03/17 Interview with MyScience.org, "Study suggests air pollution's risk to the heart may stem from the gut"

03/17 Interviewed with Westways, "How to choose foods that keep the gut flora healthy – especially when traveling"

06/17 Interviewed with Daily Bruin, "UCLA study reveals biological sex affects motivations for overeating"

06/17 Interviewed with LAist, "Should We Really Be Putting Activated Charcoal In Our Ice Cream?"

06/17 Interviewed with self.com, "Do You Have Calcium Deficiency? How to Tell If You're Getting Enough"

08/17 Interviewed with Sel.com, "Does Drinking Collagen Supplements Actually Do Anything for Your Skin?"

08/17 LAist "Is Drinking Something Hot Actually The Best Way To Cool Off?"

08/17 CNN, "Consistency is key for weight loss"

10/17 Interview with NBCnews.com, "What You Need to Know About Vitamin D Deficiency"

10/17 Lecture for Cancer Support Community Redondo Beach, "Nutritional Management and Cancer"

10/17 Interview with ScienceDaily, "Black tea may help with weight loss, too"

01/18 Interviewed with Bloomberg "There's a big fight brewing over what pregnant women should eat"

04/18 Interview with NBC Today "Eating the hottest pepper in the world sent a 34-year-old man to the ER"

06/18 Interview with NBC News "Vitamin D may lower colon cancer risk, especially in women, study finds"

07/18 Interview with Reuter "More evidence that omega-3 supplements lack heart benefits"

07/18 Interview with Healthline "Why Researchers Say Multivitamins Don't Help with Heart Health"

09/18 Interview with MIC.com "Are collagen-infused products worth the hype?"

09/18 Interview with Prevention.com "Anti-inflammatory foods to reduce risk for chronic disease"

09/18 Interview with NBC Today.com "Does milk cause mucus? Pediatric doctor clears up common myth"

10/18 Interview with Health.com, "The 4 Best Diets to Try if You Have an Autoimmune Disease"

10/18 Lecture for PKU-UCLA Joint Research Institute in Science and Engineering 9th Annual Symposium

10/18 Interview with LA18 and SF42 Chinese TV channel "Introduce Nutrition"

11/18 Interview with Huffington Post "Are Gummy Vitamins Even Good for You? Here's What Experts Say."

01/19 Interview with Associate Press "Low carb? Low fat? What the latest dieting studies tell us"

02/19 Interview with Times "Is Kombucha Healthy? Here's What Experts Say"

05/19 Interview with Washington Post "When your metabolism slows, you gain weight. There are ways to counteract that."

04/20 Interview with USA Today: You're not 'too busy' to stay active during quarantine: Health experts worry about blood clots, weight gain

04/20 Interview with New York Times: Eating is weird now. Here is how to (kind of) get back to normal

04/20 Interview with Huffpost: "This is your body and brain on coffee"

05/20 Interview with China's Central TV: "Current status and collaborations around Covid-19"

05/20 Interview with Prevention.com, "11 best anti-inflammatory foods that fight chronic disease"

05/20 Interview with China's MDweekly: "Fighting Covid-19 in the U.S"

05/20 Interview with UCLA Health, "How Obesity Affects COVID-19"

06/20 Interview with China's Xinhua News Agency: "Fighting Covid-19 needs international collaborations"

10/20 Interview with AARP: "What to Eat When You're Working out More"

10/20 Interview with INSIDER, "the best diet for people with ADHD: foods to eat and avoid"

12/20 Interview with INSIDER, "6 foods that boost your metabolism and may help you lose weight"

07/21 Interview with clinicaladviser.com, "Simple Solutions for Curbing Teens' Unhealthy Snacking"

01/21 Interview with WebMD, "Supplements that are safe to take when you have lung cancer"

04/21 Interview with Bloomberg Businessweek, "For Greater Productivity, Watch What—and When—you Eat"

04/21 Interview with Healio.com: "BP level, heart rate may affect coffee consumption"

09/21 UCLA Friends of Semel Open Mind Event "This Is Your Brain On Food" with Uma Naidoo, MD and Zhaoping Li, MD, PH.D.

11/21 Interview with UCLA Health, "Weight management and its correlation to cancer, diabetes and heart disease"

01/22 Interview with Agence France-Presse (AFP) USA "Social media posts spread inaccurate nutritional information"

01/22 Interview with UCLA Health, "Grapes can lower your cholesterol, and that's just the start of their health benefits"

01/22 Interview with UCLA Health, "Eating an avocado daily increases elasticity and firmness in skin, study shows"

01/22 Lecture for Marilyn Hilton 20-year Anniversary Reflection and Hopeful Future Symposium, "What is the best diet for me".

01/22 Interview with SHAPE, "Let's Talk About the Watermelon Diet Gabi Butler Is Doing On 'Cheer'"

02/22 Interview with leadstories.com, "Fact Check: Magnetic Bracelet Does NOT Increase Metabolism, Promote Fat Breakdown"

02/22 Interview with LA Times, "How we got to peak avocado: Super Bowls to Mexico's drug cartels"

03/22 Interview with healthdigest.com, "Where To Find The Phytonutrient That Increases Your Longevity And Metabolism."

03/22 Interview with UCLA Health, "Health benefits of pomegranates extend throughout the body".

03/22 Interview with Clinical Advisor, "How Can Women Prevent Weight Gain in Menopause?"

03/22 Interview with Clinical Advisor, "Tips on Counseling Perimenopausal Women on Diet and Exercise"

03/22 Interview with CBS2 News Live, "National Nutrition Month – How to Eat Right"

04/22 Interview with CNET, "Nutrisystem Diet Review: Are the Benefits Worth the Price Tag?"

06/22 Interview with NBC News, "New weight-loss drugs are highly effective, so why aren't they widely used?:"

07/22 Interview with Prevention, "The Best Probiotics for Women, According to Nutritionists"

07/22 Interview with Today, "Patients seeking anti-obesity drug face 'unprecedented' demand, insurance hurdles"

07/22 Interview with USA Today, "New weight loss drugs, like Wegovy, can work. But at what cost?"

08/22 Interview with Clinical Advisor, "Guideline for Preventing Weight Gain in Women at Midlife"

10/22 Interview with MedPage Today, "A Deeper Look at Hollywood's Newest Weight Loss Drug"

12/22 Interview with Washington Post, Weight-loss drugs are a milestone for the obese but expose health inequity"

01/23 Interview with NBC News, "How does the top-rated TLC eating plan help lower your cholesterol?"

02/23 Interview with MedicalNewsToday, "Healthier snacks to help the heart".

03/23 Interview with NBC News, "How to eat healthy if you're losing weight with Ozempic or Wegovy"

04/23 Interview with ClinicalAdvisor, "Coming Soon: Personalized Medicine for Weight Loss"

05/23 Interview with NBC News "Ozempic has competition: Another diabetes drug shows promise for weight loss"

08/23 Interview with NBC News, "Just how bad is alcohol? Eight experts weigh in on the risks and supposed benefits of drinking"

08/23 Interview with NBC Today, "Trying to lose weight? Why full-fat dairy may help you hit your goal"

12/23 Interview with CNN, "Older Weight Loss Drugs are Making a Comeback as Zepbound, Wegovy Remain Out of Reach for Many"

03/24 Interview with LA Times, "Why Are So Many L.A. People Taking Magnesium? The Truth Behind the Craze"

06/24 Interview with New York Times, "How Healthy Are Avocados?"

06/24 Interview with NPR AirTalk with Larry Mantle, "Is 'the most important meal of the day' really that important? Examining the science behind breakfast"

08/24 Interview with Washington Post, "Does dairy need to be part of a healthy diet?"

12/24 Interview with Scientific Sense, "Spices and Health"

05/25 Interview with Verywell Health, “Daily Protein and Prebiotics May Sharpen Aging Brains”
05/25 Interview with Good Housekeeping, “How Much Protein Do You Really Need? Experts Reveal the Surprising Amount”
06/25 Interview with Healthline, “Compounds in Coffee May Help Lower Type 2 Diabetes Risks”
06/25 Interview with New York Times, “Longevity Hacks for Busy People”
06/25 Interview with Healthline, “Hold the Cream, Sugar - Black Coffee Is Good for Your Heart”
07/25 Interview with HealthCentral, “9 Practical Tips for Eating to Nourish, Not Restrict With Obesity”

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