



Research



h-Index

28

Citations

3393



h-Index

13

Citations

294

Prof. Hardinsyah, MS, PhD.

Experienced Professor with a demonstrated history of working in the leadership of higher education and nutritional professional organizations. Strong education professional with a Doctor of Philosophy (PhD) focused in Nutrition Sciences from The University of Queensland, Australia.

Education

1982

Bachelor in Nutrition, IPB University

1987

Master in Community Nutrition, IPB University

1996

Doctor of Philosophy in Nutrition, University of Queensland

Contact



Pekanbaru, Riau, August 7th 1959



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Current Positions

- Professor in Nutrition, Division of Applied Nutrition, Department of Community Nutrition, Faculty of Human Ecology, IPB University
- Chairman, SouthEast Asia Probiotic Scientific and Regulatory Network (SEA SREN)
- Executive Member of Asian Nutrition Society for Sports and Health (ANSSH)
- Executive Member of Southeast Asia Public Health Nutrition (SEA PHN)
- President, Food and Nutrition Society of Indonesia (PERGIZI PANGAN Indonesia)
- General Secretary, Scientific Committee on Corporate Forum for CSR Development – Indonesia (CFCD)
- Vice Chairman, Indonesian Academic of Sciences on Food and Nutrition (AIPG-AIPI)
- Chairman of the Board of Trustees, IPB University (MWA IPB University)
- President Elect, International College of Nutrition (ICN)

National and International Training		
National training on food and nutrition surveillance	Jakarta, Ministry of Health	1982
National Training on formulating nutrition education module	Lemahabang, Cikarang West Java	1983
Training on computer application for lecturer	Bogor, IPB Bogor	1983
National training on social marketing for nutritional behavioral change	Bogor, Helen Keller Indonesia	1984
National training on interlinked of food, nutrition and health	Ciawai, West Jaava, Ministry of Health	1985
National training on food and nutrition planning	Jakarta, Ministry of Agriculture	1986
National training on data analysis of food and nutrition surveillance	Jakarta, Ministry of Health	1987
National training on food security evaluation	Jakarta, Ministry of Agriculture	1988
International training on food and nutrition policy	Ithaca, New York USA by Cornell University	1989
International training on clinical nutrition	Bangkok – Thailand, Asia Pacific Clinical Nutrition	1997
Serial Regional trainings on food and nutrition planning management	In Manila, Bangkok, Dhaka, Qhingdao, Jakarta by FAO RAP-UPLB, Manila - Philippines	1998
Regional Training on Food Fortification for Micronutrients Deficiency Prevention	Manila by Asian Development Bank	2000
International training on directorship	Honolulu by University of Hawaii, Hawaii – USA	2006
International training on dairy products	Boise, Idaho by US Dairy and USAID	2012
International trainings on hydration for health	Avian – France by Hydration for Health	2015 & 2016
National training on lecturer certification	Jakarta, Ministry of Education	2016
National training on professor nomination assessment	Jakarta, Ministry of Education	2017
National training on dietetic competencies for the nutrition lecturer	Jakarta, PERSAGI	2017
National training on items development for national nutrition competencies exam	Jakarta, AIPGI	2018
National training on items review of national nutrition competencies exam	Jakarta, AIPGI	2019
National training on the assessment of nutritionist competencies	Bogor, Gizi Pangan Kompetindo	2020

12. **Leadership Experiences**

Current Position:

1. Professor in Nutrition, Division of Applied Nutrition, Department of Community Nutrition, Faculty of Human Ecology, IPB University
2. Chairman, South East Asia Probiotic Scientific and Regulatory Network (SEA SREN).
3. Executive Member of Asian Nutrition Society for Sports and Health (ANSSH)
4. Executive Member of Southeast Asia Public Health Nutrition (SEA PHN)
5. President, Food and Nutrition Society of Indonesia (PERGIZI PANGAN Indonesia)
6. Chairman, Scientific Committee on Corporate Forum for CSR Development – Indonesia (CFCD)
7. Vice Chairman, Indonesian Academic of Sciences on Food and Nutrition (AIPG-AIPI)
8. Chairman of the Board of Trustees, IPB University (MWA IPB University)
9. President Elect, International College of Nutrition (ICN)

Past Position :

1. President, Federation Asian Nutrition Societies (FANS)
2. President elect (Vice President) Federation Asian Nutrition Societies (FANS)
3. Secretary General, Food and Nutrition Society of Indonesia (PERGIZI PANGAN Indonesia)
4. Co-chairman, Southeast Asia Public Health Nutrition Network (SEA-PHN)
5. Co-Chairman, Asia Food and Nutrition Planning Management Network
6. Chairman, International Young Food and Nutrition Leadership (iYouLead) Training
7. Vice Chairman, Nutrition Higher Education Association of Indonesia (AIPGI)
8. Chairman, Indonesian Nutrition Association
9. Rector, Sahid University, Jakarta – Indonesia
10. Dean, Faculty of Human Ecology, IPB University, Indonesia
11. Executive Director, Food and Nutrition Policy Studies Center, which is now as a division under the SEFAST Center
12. Nutrition Head, Department of Community Nutrition, Faculty of Human Ecology, IPB University
13. Chairman, Indonesian students Association of Queensland, Australia
14. Chairman, Nutrition Students Association
15. Chairman, Nutrition Higher Education Association of Indonesia (AIPGI)

13. Technical Assistance and Contribution to Indonesia And Asia

1. Secretary to the National working group on food security, Ministry of Agriculture, 1997-2007
2. Chair of the multi-sectoral team on food fortification, Bappenas and ADB, 2004-2006
3. TA for review on food items in measuring minimal wage, Ministry of Labour, 2007
4. Chair of the expert team on formulating Indonesian RDA, LIPI dan Bappenas, 2007, 2012 dan 2017
5. Chair of expert team on nutrition for better education of school children, Kemendikbud and UNESCO 2011
6. Nutrition Improvement through Community Empowerment (NICE), Ministry of Health 2011-2013
7. Review on Food Expenditures in Measuring Poverty, BPS and World Bank 2014
8. Formulating Indonesian Dietary Guidelines 2013-2014
9. Chair of National team for formulating Indonesian RDA 1998, 2003, 2018
10. TA for Maternal and Child Health, Ministry of Health 2015-2016
11. TA for Rice Fortification for Preventing Teens Anemia, GTZ 2018
12. Chairman, School Breakfast Campaign, Mayora 2013-2017
13. Chairman, Breakfast Program for School Children, Indofood 2017-2019
14. Chairman of International Symposium on Food and Nutrition, Jakarta 2015
15. Chairman of Asian Congress of Nutrition, 2019
16. Initiator of Indonesian Young Food and Nutrition Leadership (DoYouLead) training, 2013
17. Initiator of International Young Food and Nutrition Leadership (iYouLead) training, 2015
18. Chairman, Evaluation of School Feeding Program, WFP 2020
19. Expert member Food and nutrition plan of action, Bappenas 2011, and 2021
20. President Elect (Council Member), Federation Asian Nutrition Societies (FANS) 2015-2019
21. President, Federation Asian Nutrition Societies (FANS) 2019-2023
22. Chairman, South east asia probiotic scientific and regulatory network (SEA SREN)
23. Executive member of Asian Nutrition Society for Sports and Health (ANSSH)
24. Executive member of Southeast Asia Public Health Nutrition (SEA PHN)
25. Asian Nutrition Society for Sports and Health (ANSSH)
26. President, Food and Nutrition Society of Indonesia (PERGIZI PANGAN Indonesia)
27. Chairman, Nutrition Higher Education Association of Indonesia (AIPGI)
28. Chairman, Scientific Committee on Corporate Forum for CSR Development – Indonesia
29. Vice chairman, Indonesian academic of sciences on food and nutrition

14. Fellows and Awards

1. Corporate forum for CSR Appreciation 2022
2. Professional and Leadership Award, 2022
3. Fellow of International Union of Nutrition Sciences, 2017
4. The Best Participants in National Training on Dietitians Competencies, 2017
5. The Best Participant of the International training on Community Development, 2007
6. The Best Lecture at IPB University, 1999
7. The Best High School Students, 1977

15. **Publications**

- Google scholar with H-index 28
[Hardinsyah Hardinsyah - Google Scholar](#)
- Scopus with H-Index 13
[Hardinsyah, Hardinsyah - Author details - Scopus](#)
[Ridwan, Hardinsyah - Author details - Scopus](#)

16. **Experiences as Editor or Reviewers**

1. Food and Nutrition Journal
2. Malaysian Journal of Nutrition
3. Journal of Nutrition Science and Vitaminology
4. Food Science and Technology Journal
5. Indonesian Journal of Clinical Nutrition