

Biography – Prof Welma Stonehouse (née Oosthuizen)



Email: welma.stonehouse@outlook.com/
welma.stonehouse@deakin.edu.au

Address: Melbourne, Victoria, Australia

Linkedin [Welma Stonehouse](#) | [LinkedIn](#)

Prof. Welma Stonehouse is a Professor of Nutrition at Deakin University, Victoria, Australia. She is a distinguished nutrition scientist with over 30 years' experience in academic, research and leadership roles across South Africa, New Zealand, and Australia. She held senior positions including Principal Research Scientist at the Commonwealth Scientific Industrial Research Organisation (CSIRO, Australia), and Associate Professorships at Massey University (NZ) and North-West University (South Africa). Her research focuses on nutrition interventions for the prevention and management of chronic diseases through multidisciplinary translational research. This work attracted over AU\$9 million in funding and led to more than 100 peer-reviewed scientific papers. She has mentored and developed the next generation of nutrition professionals through her teaching, supervision of higher degree research students, and leadership development initiatives. Prof. Stonehouse played a pivotal role in establishing leadership platforms such as the African Nutrition Leadership Program (ANLP) and the Oceanic Nutrition Leadership Platform (ONLP). She was instrumental in establishing the Federation of Oceanic Nutrition Societies (FONS), an Affiliated Body of the International Union of Nutritional Sciences (IUNS). In recognition of her contributions, she received the prestigious Muriel Bell Award from the Nutrition Society of New Zealand in 2013. She continues to serve the global nutrition community in roles such as Treasurer of IUNS, and Immediate Past President of the Nutrition Society of Australia (NSA). Her ongoing commitment to high-quality, innovative research and capacity building in nutritional science is making a significant impact both in Australia and globally.

Qualifications

- PhD (Human Nutrition, 1999), MSc (Physiology), BSc Hons – North-West University, South Africa
- Graduate of the Australian Institute for Company Directors (AICD)
- Registered Nutritionist (RNutr), Nutrition Society of Australia

Professional positions held

- Professor in Nutrition, Deakin University (March 2025+)
- Adjunct Professor, University of South Australia (2022-2025)
- Adjunct Professor, Queensland University of Technology (2021+)
- Principal Research Scientist and Research Group Leader, CSIRO (2013-2024)
- Associate Professor, Massey University (2006-2013)
- Associate Professor, Senior Lecturer, North-West University (1993-2006)

Key Awards & Board Positions:

- Muriel Bell Award, Nutrition Society of New Zealand (2013)
- Treasurer, International Union of Nutritional Sciences (2023+)
- President (2022-2023); Immediate Past President, Nutrition Society of Australia (2024+)
- Committee Member Federation of Oceanic Nutrition Societies (FONS) (2023+)
- Board Member, Australian Nutrition Trust Fund (2019+)
- Chair Oceanic Nutrition Leadership Platform (ONLP) (2018-2021)
- Honorary Secretary, Nutrition Society of New Zealand (2009-2013)
- Board Member, The Nutrition Society of South Africa Council (2000-2006)

Research Outputs:

- Over 100 peer-reviewed publications (H-index = 44)
- Successful supervision of 29 PhD/MSc students
- Secured over AU\$9 million in research funding
- Invited speaker at national and international conferences and advisory committees
- Editorial boards: *European Journal of Nutrition* (2017-2022); *Nutrition Research Reviews* (2015-2022); *BMC Nutrition*, *BMC Cardiovascular Disorders* (2012-2018)