

PROFESSOR NGOZI NNAM'S CURRICULUM VITAE

Professor Ngozi Nnam is a Professor of Community, Public Health and Paediatric Nutrition affiliated to the Department of Nutrition and Dietetics, University of Nigeria, Nsukka. I hold a Ph.D. in Human Nutrition from University of Nigeria Nsukka and a Diploma in Management of Higher Education from Galilee International Management Institute, Israel. I served as Dean, Faculty of Agriculture, and Head, Department of Home Science, Nutrition and Dietetics for many years at University of Nigeria Nsukka.

I am very passionate about Nutrition and will use every opportunity to advocate for adequate nutrition throughout the life cycle. As a result of the scary picture of malnutrition in Nigeria and parts of Africa, I am dedicated to improving the nutritional status of individuals globally. Consequently, I have become active in nutrition meetings, conferences and forums both locally and internationally with a strong voice to scale up nutrition. I developed skills and competencies to handle nutrition issues and take leadership positions in Nutrition in Nigeria and African continent. My involvement in nutrition activities include:

1. Fellow IUNS (FIUNS), American Society for Nutrition (FASN), Nutrition Society of Nigeria (FNSN) and Africa Academy Network (FAAN).
2. Immediate Past President Federation of African Nutrition Societies (FANUS) (2017 – 2023).
2. Chairman National Nutrition Technical Working Group (NNTWG) for Nigeria.
3. Member Scientific Committee of Choices International Foundation, The Netherlands.
4. Member Standing Together for Nutrition Coregroup, a global nutrition Consortium, that has joined forces to estimate the impact of COVID-19 on Nutrition and best evidence-based advice on how to address the impacts
5. Member National Council on Nutrition (NCN) in Nigeria, which is the highest policy making body in Nigeria.
6. Member Nutrition Policy Committees (National Policy on Food and Nutrition, National Strategic Plan of Action for Nutrition (NSPAN): Health Sector Component of National Food and Nutrition Policy, National Policy on Food Safety, National Policy on Infant and Young Child feeding among others)
7. Member, Nutrition Advisory Board for the Bill and Melinda Gates Foundation Nutrition Private Sector Partnership Program, Wageningen, The Netherlands.
8. President Nutrition Society of Nigeria (2012 – 2016).
9. Chairman Civil Society Scaling Up Nutrition in Nigeria (CS-SUNN) (2014 – 2017)
10. Co-Chairman Steering Committee for Building Nutritious Food Basket of the International Potato Center (CIP), Lima, Peru (2016 - 2018).
11. Trustee FANUS. African Nutrition Society, CS-SUNN and Nutrition Society of Nigeria.
12. Served on Council of Nutrition Society of Nigeria in different capacities for 20 years.
13. Organized the 4th and 5th FANUS conferences in Rwanda and Senegal, respectively.

Publications:

1. **Nnam, N.M., Okorie, I.J. and Okorie, A.C. (2024).** Effect of aqueous extract of *Cymbopogon citratus* on blood glucose level, lipid profile and histology of diabetic rats. *International Journal of Nutrition Sciences*, 9(2): 149-158. doi: 10.30476/IJNS.2024.101945.1310.
2. Sander Biesbroek, Frans J Kok, Adele R Tufford, Martin W Bloem, Nicole Darmon, Adam Drewnowski, Shenggen Fan, Jessica Fanzo, Line J Gordon, Frank B Hu, Liisa Lähteenmäki, **Ngozi Nnam**, Bradley G Ridoutt, Juan Rivera, Boyd Swinburn, Pieter van't Veer (2023). Toward healthy and sustainable diets for the 21st century: Importance of sociocultural and economic considerations. *Proceedings of the National Academy of Sciences*, 120(26): e2219272120. I have more than 100 other publications, please see the list on my Research Gate page (<https://www.researchgate.net/profile/Ngozi-Nnam/stats/report/weekly/2024-09-29>).